

Week of April 6-10, 2020

Family and Consumer Sciences

Mrs. Pendergast-White

My office hours will be Monday 9-11, Tues 1-3, and Thursday 3-5. I will do my best to check my email multiple times each and every day in order to answer any questions that parents or students have. Please do not ever hesitate to contact me, I understand this is all new and stressful, and I am happy to answer any questions or help in any way possible in order to ease any stress on both parents and students.

Notes: Students may email me any completed work. If email is not an option, please feel free to drop work off at the Oakland School Foyer.

Email: danielle.pendergast-white@oakland5.org

Class	Choice 1	Choice 2	Choice 3 (Enrichment)
Culinary Occ	Covid 19 Impact on Restaurants. Watch the news, read articles, videos, etc. You will find a ton of information on how Covid 19 is impacting the restaurant industry. Think about, reflect, and answer the questions on the handout regarding the restaurant industry and Covid 19. Email me your completed work or drop it off in the foyer.	Cook, Cook, Cook! Find a recipe, maybe one that we have wanted to try for Sip N Study but have not had the chance to do so. Create this recipe and complete the evaluation of the dish describing the Aroma, Color, Taste, Texture, and rate this. Do a brief write up of the recipe, tasks in preparing, and final product (1 page or less) Take a picture if you can and send it to me with the completed recipe evaluation via Email or drop it off in the foyer! I cannot wait to see this. Also, feel free to create a "Cooking Show" Video while you prepare the dish!	Famous Chef Project. Choose a famous chef from the list provided and research this chef. Include all information on the Famous Chef Project Worksheet. These will include pictures, early life, education/training, Mentors, Cuisine types/speciality dishes, awards/accomplishments, Famous for information, and four more interesting facts. You may create a poster or presentation. Send me a picture of the poster or a copy of the presentation or drop it off in the school foyer.

	<p>the utensil, describe the use and why someone would buy it! Send your finished product to me through email or drop it off in the school foyer.. Also, any questions just let me know!</p>		
<p>Resource Management</p>	<p>Review Consumer Rights in your Textbook on page 29. Complete the Consumer Rights Scenarios by reading the scenario and then determining which consumer right/and/or responsibility goes with the scenario. Write in complete sentences. You may email completed work or drop it off in the school foyer. Email me your answers if you can! Any questions just let me know.</p>	<p>Review your Consumer Rights on page 29 in the textbook. Read the Panera Letter to America and answer the questions that go with the letter regarding your consumer rights/responsibilities. Answer in complete sentences. Any questions just let me know! Email me your answers if you can, if not drop it off in the school foyer.</p>	<p>I have set up a Consumer Economics unit in Khan Academy for you. You can get on this, watch the videos, activities, and take the quizzes. Any questions just let me know. I am new at Khan so you may know more than I do, but the information is really great! I will check your progress in Khan.</p>
<p>Child Development</p> <p>Child Development Continues</p>	<p>Remember the research and presentations you did so amazing on about Child Safety & Hazards in the home? Read the Article "Is it Candy or Medicine? And answer the questions for the article in COMPLETE sentences. Email me your answers if you can, or drop it off in the school foyer! Any questions just let me know!</p>	<p>Remember the research and presentations you did so amazing on about Child Safety & Hazards in the home? Remember falls, burns, shock, small items, stairs, medicine, etc. You will become a small child and crawl and walk on your knees to get a "smaller" person perspective on dangers in your own home. Make a list of 10 things around your house that could be hazardous to a small child. You can write this on paper. You can create a Google Slide/PowerPoint Presentation and include</p>	<p>Remember the research and presentations you did so amazing on about Child Safety & Hazards in the home? Remember falls, burns, shock, small items, stairs, medicine, etc. You will create a video that focuses on at LEAST 10 safety hazards for young children. Include what the hazard is, how it is a danger for a child, and how to make it safe. Include your family in the video. Be creative and have fun! Email me your final product. Any questions just let me know!</p>

		<p>pictures. List the 10 hazards and what you could do to make them safe. Have fun with this, include your family members as well, maybe they will see something you don't. Email me your final product if you can, otherwise feel free to drop it off in the school foyer! Any questions, just let me know!</p>	
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P.W. Res Man.
Option 1
Apr 6-10

Smart Consumer

Consumer Rights and Responsibilities Scenarios

Directions: Read the 7 scenarios below. For each scenario, identify which consumer right/responsibility is or isn't being exercised.

Scenario 1

Damon hasn't been feeling well for over a week. He goes to the doctor and finds out that he has strep throat and needs a prescription. At the pharmacy, the pharmacist asks Damon if he would like to go over the drug information with him. Damon responds no, he would rather go to bed than stand there any longer. The pharmacist tells him to please read the enclosed pamphlet about the drug when he gets home.

Damon does not. He then becomes very nauseous and after a few days, he goes to the doctor again. The doctor tells him it is because he did not take the prescription on a full stomach, as the pamphlet told him to.

Right/Responsibility:

Scenario 2

Ashley witnessed an employee act in a very rude manner to the customer in line ahead of her at the sub shop.

This behavior upsets Ashley, but she chose to not say anything to anyone.

Right/Responsibility:

Scenario 3

Kirsty often uses her computer to check and send emails, check her Facebook account and surf the internet. One day after school she received an email from an unknown sender. She opened and read the email and couldn't believe it! She was being offered a brand new iPad for only \$150. Kirsty had just received her first credit card in the mail a couple days prior, so she thought this would be the perfect first purchase.

She clicked the link, went to the website and ordered it. She waited not so patiently for the iPad to arrive, and 4 weeks later when she received her credit card statement, Kirsty noticed this company had charged her the \$150 3 times, and still no iPad has arrived at her house.

Right/Responsibility:

Opt 1
Apr 6-10

Res. Management
PW
Apr 6-10, Opt. 1

Scenario 4

Sarah was at a restaurant with her friends and she ordered a pasta dish that normally comes with shrimp and chicken in it. She is allergic to shrimp so she asked the waitress to have the pasta without shrimp.

The food comes to the table and Sarah sees shrimp in her pasta. She tells the waitress of the error and the waitress refuses to take the pasta back or bring her a new one.

Right/Responsibility:

Scenario 5

Graham wanted to buy a car. The first place he went to, he found a car that he liked, but he was unsure and wanted to think about it. The salesman told him the car wouldn't last on the lot for even the day; it was such a great deal.

The salesman went to 'talk to his manager' and got him an extra \$1000 off. Graham again said he wanted to think about it. The salesman said that he was making a huge mistake and he would never find a car like this for a price like this again.

Right/Responsibility:

Scenario 6

Ariel talked her dad into buying a boogie board on sale in the winter. In the summer, she got a few of her friends together and her dad took them out to the beach for a day of boogie boarding. Two of her friends got very hurt.

Afterwards, Ariel's dad looked at the packaging the boogie boards came in, and no warnings about safety had been included.

Right/Responsibility:

Scenario 7

Despite his mom's persistence on buying reusable shopping bags, every time Steve goes shopping, he uses the store's plastic bags and throws them away when he gets home.

P-W - KIS, MAR

Option 1

APR 6-10

Right/Responsibility:

P.W. - Option 2

Res. Man.

April 6-10

Dear America,

Today, one-third of our kids are overweight or obese, and one-third of adults are obese. Add them together and we are hardly a picture of health.

Diet-related diseases are striking in record numbers. For the first time in history, our children are expected to live shorter lives than their parents. As a father of two, I am both sobered and empowered by that fact.

Despite our challenges, there is good news. People care. More and more consumers today care about how their food is made, sourced, handled and prepared. They care about what is in it and what is not. And they care about eating for both health and joy.

As a result, these consumers also are demanding more of the companies that feed them. And they should.

At Panera, we have always sought to challenge the status quo. Ten years ago, we set a new standard by offering chicken raised without antibiotics. We now enforce that same standard with our roasted turkey, ham, breakfast sausage and bacon. Five years ago, we voluntarily posted calories on our menus because we believe transparency is a consumer's right. And just last month, we became the first national restaurant brand to publish a list of artificial ingredients we will be removing from our menu by the end of 2016. Our food will have no artificial colors, preservatives, sweeteners or flavors. None whatsoever.

No other company is moving as aggressively to offer clean food. We want to encourage suppliers and competitors to rethink the way that they do business, too. We want to set an example for the change our food system so desperately needs.

We all have a choice: Be part of the solution or be part of the problem. We at Panera want to be part of the solution; that's why I got into this business. I see no better way to make a positive difference than by fueling the ten million people we serve each week with food that's simply good and is also good for you.

For me, this work is deeply personal. I want to serve you food that I want to eat myself and serve to my own children. I want to wake up every morning optimistic about the direction our food system is headed. I want to see our country get healthier and stronger by experiencing the joy of good eating.

If you'd like to be part of the solution, please join us on our journey. We all have a job to do. Yours is simple: Care. Ask questions. Demand transparency and cleaner menus. Our Food Policy and No No List are available online as inspiration. We invite you to help spread wellness in your own families and communities. Come in, have a seat at our table, and enjoy food as it should be.

All my best,
Ron



Ron Shaich
Founder, Chairman and CEO



PaneraBread.com

P.W. Option 2
Apr 6-10 R.M.



Panera Bread Letter Consumer Rights

Read the Panera Bread Letter to America to answer the following questions in complete sentences. Use additional paper if necessary.

1. Read through the entire letter before answering this question. Who is the author of this letter and what is his purpose for writing it to America?
2. One of our consumer rights is the "Right to Safety". What health and food safety issues might the author be referring to in this article?
3. What does the phrase "challenge the status quo" mean to you?
4. Another consumer right is the "Right to Information". How is Panera Bread doing this? What information are they providing to their customers? Where can this information be found?
5. When the author talks about "clean food" what do you think that means?

P-W Res. Man. - Opt 2
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6. We also have the "Right to have a Choice". What choices do we often make when it comes to our health, choosing foods and/or restaurants?

7. What choice(s) do we have in regards to this letter?

8. Thoroughly explain what the sentence "We all have a choice: Be part of the solution or part of the problem" mean?

9. If you wanted to exercise your "Right to be Heard" and challenge other food establishments to raise their standards and become transparent about the foods they purchase, prepare and sell to their consumers, what fast food eatery or restaurant would you write to and why?

10. In your opinion, will this be a successful campaign for Panera Bread? Explain why or why not? (Think about what this message means to you.)